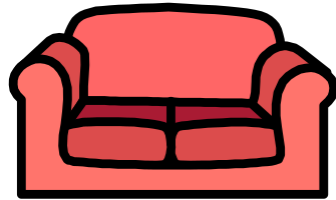


# How can we help improve your health and well-being?



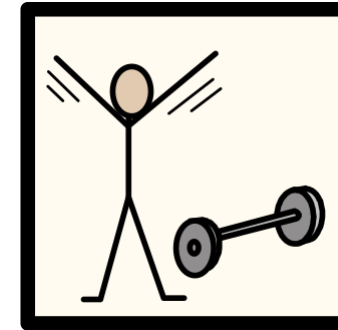
Relax time  
everyday.



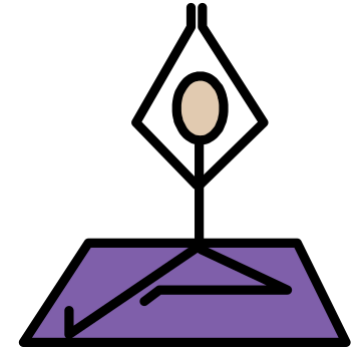
Quiet areas to  
relax



Calming music on  
the corridors



Gym Club



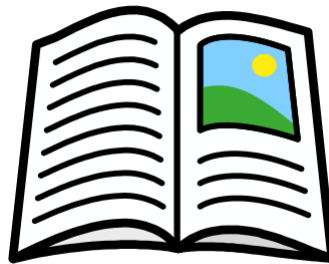
Yoga Club



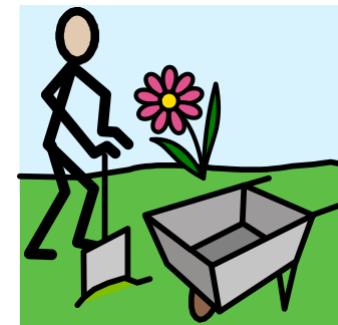
Guided  
Meditation Club



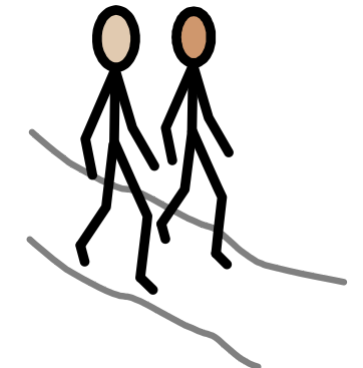
Drawing and  
Painting Club



Story telling Club



Gardening Club



Outdoor Walking  
Club